

Celebrating the gift from the Scottsdale members of 100+ Women Who Care Valley of the Sun to the Caring Coalition AZ are, from left, Marsha Miera, Sat Kaur Khalsa, Libby Murphy. *(Kim Tarnopolski)*

100+ Women help nonprofit fighting hunger

BY KIM TARNOPOLSKI
Progress Staff Writer

Sometimes making a meaningful difference begins with meeting the most basic of needs: making sure a family has enough food on the table.

At their recent giving circle, the Scottsdale members of 100+ Women Who Care Valley of the Sun selected Caring Coalition AZ as their quarterly charity recipient, supporting an organization committed to helping individuals and families through difficult circumstances with compassion, practical assistance, and access to essential resources.

Food insecurity can affect anyone. A lost job, unexpected medical expense, rising housing costs, or family emergency can quickly force difficult choices between groceries and other necessities. For families already living on tight budgets, even a temporary setback can create tremendous uncertainty.

Caring Coalition AZ works to ease that burden by providing food and other resources to individuals and families who need a helping hand.

Just as importantly, the organization delivers that assistance with dignity and compassion, reminding people during challenging moments that their community sees them, cares about them, and is willing to help.

The Scottsdale members' collective donation of $10,505 will be used to purchase food for Caring Coalition AZ's programs, helping ensure that nutritious meals and groceries are available for the people they serve.

It is a simple use of funds with an immediate impact. Every dollar helps put food into the hands of someone who needs it.

Every stocked shelf represents one less worry for a family navigating a difficult season. And every meal provides more than nourishment—it offers a sense of stability and the reassurance that no one has to face hardship alone.

"Food is such a basic need, but providing it can mean so much more than a meal. It can bring relief to a parent, stability to a family, and hope during an uncertain time. We are deeply grateful to the women of 100+ Women Who Care for helping us care for our neighbors with dignity, compassion, and kindness," said Sat Kaur Khalsa, director of Caring Coalition AZ.

The need for reliable access to food continues throughout the year. By helping Caring Coalition AZ purchase food

SEE WOMEN PAGE 32

WOMEN FROM PAGE 30

directly, the Scottsdale members are strengthening the organization's ability to respond when families turn to them for assistance.

Their collective gift will become groceries, meals, and tangible relief for neighbors throughout the community.

This is what collective giving can do. One person's $100 donation can help.

But when a group of women brings those individual gifts together, the result becomes something much bigger – a collective donation capable of meeting an immediate community need in a meaningful way.

Together, these women are helping turn generosity into something tangible—one meal, one family, and one act of kindness at a time.

Since their first gathering in 2015, 100+ Women Who Care Valley of the Sun has donated over $1.7 million to local nonprofits across the Valley.

Through its three sister groups in Ahwatukee, Scottsdale, and the East Valley, members meet quarterly, contribute locally, and connect personally to benefit deserving charities.

Those interested in seeing collective giving in action are invited to attend the next Scottsdale giving circle at 6:30 p.m. Oct. 21 at HomeSmart Corporate Office. Guests are always welcome and can experience firsthand how one hour and a room filled with caring women can create meaningful change.

To learn more and register, visit 100wwcvalleyofthesun.org.