

100+ Women Who Care Supports Cancer Patients and Families Through Community Programs

BY KIM TARNOPOLSKI

IN THE EAST VALLEY, generosity continues to bring comfort, connection, and hope to those who need it most. At their recent giving circle, the women of 100+ Women Who Care Valley of the Sun came together to support Cancer Support Community Arizona, an organization dedicated to ensuring that no one faces cancer alone.

A cancer diagnosis affects far more than physical health. The uncertainty, fear, and emotional strain can impact patients, caregivers, and entire families. Cancer Support Community Arizona understands that healing requires more than medical treatment—it also requires connection, understanding, and emotional support.

Through professionally led support groups, counseling, educational workshops, and wellness programs, the organization provides comprehensive no-cost services to individuals navigating cancer. Programs include nutrition and cooking classes, expressive arts, and mind/body wellness offerings, designed to reduce stress, build resilience, and improve overall well-being during treatment and recovery.

This quarter, the East Valley members' collective gift of \$10,000 will directly support the salaries and facilitator fees of the program staff who make these services possible. These trained professionals create safe, compassionate spaces where participants can share openly, receive guidance, and feel supported throughout their cancer journey.

The impact of this work is both immediate and lasting. When emotional and social support are paired with medical care, patients often experience stronger coping skills, improved recovery, and a greater sense of stability during an uncertain time. For many participants, these programs become a lifeline—a place to find encouragement, understanding, and hope.

“When women come together in this way, they do more than make a donation—they create a circle of care for people facing cancer,” shared Kristen Genovese, CEO of Cancer Support Community Arizona. “This support makes it possible for us to deliver vital, no-cost programs that bring comfort, connection, and healing to our community.”



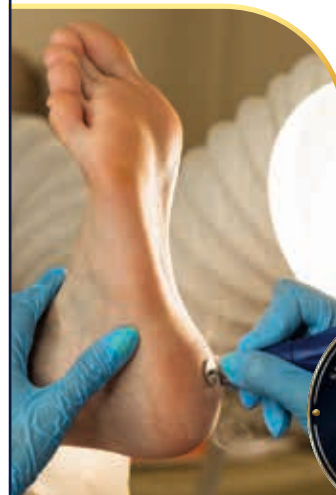
Jazmine Bahena, Crissy Haidos, Jane Huff, Jennifer Cheraso, Kristen Genovese, Kara Medlock, Brianna Flynn, Brianda Bermudez

Since their first gathering in 2015, 100+ Women Who Care Valley of the Sun has donated more than \$1.6 million to local nonprofits across the Valley, demonstrating the impact that can happen when women come together for one hour to support meaningful causes.

The next East Valley Giving Circle will take place on August 4 at Kiln in San Tan Village. Guests are always welcome.

To learn more and register, visit 100wvcvalleyofthesun.org.

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