



# 100+ Women Who Care

Donates to amplify voices

BY KIM TARNOPOLSKI

Amplify Voices is a transformative organization in Arizona dedicated to empowering marginalized communities through advocacy, education, and support. By addressing systemic inequities and amplifying the voices of those often unheard, Amplify Voices has become a cornerstone of community engagement and empowerment. They help survivors of sexual assault and human trafficking, the formerly incarcerated, and breast cancer survivors tell their stories, with plans to move into the area of mental health in 2025.

One of the most impactful ways that Amplify Voices helps women tell their stories is through their 90-Day Speaker Training Experience. This program is designed to help participants discover and shape the powerful voice inside them, allowing it to be used as an influential instrument of change. Participants graduate the program by delivering their talk live during a Main Stage Event at a local theater.

The nonprofit also hosts Speaker Circles where a group of seven (7) individuals meet virtually over a 45-day period. In the safe community of the Circle, participants begin to discover their voice and develop a talk focused on delivering a message to their audience based on what they learned

through their adverse experiences. At the end of the 45 days, participants deliver their talk (virtually) to the other Speaker Circle participants and volunteer “Buddies” who support them through the process.

In August, Amanda Schneider shared the mission of Amplify Voices with her 100+ Women Who Care Valley of the Sun group in Ahwatukee. The members were moved by her presentation and selected the charity to receive their quarterly donation of \$15,475.

“Storytelling has the power to bridge gaps of understanding, widen compassion, and transform perspectives. A voice, a story, an experience shared creates a ripple effect that touches everyone who hears it. The donation from 100+ Women Who Care Valley of the Sun is just as impactful. It will continue to ripple out through the voices uplifted through our Speaker Circle programming,” shared Schneider, Executive Director.

Since the chapter’s inception in 2015, 100+ Women Who Care Valley of the Sun has donated over \$1.3 Million to local charities. To learn more, visit <https://100wwcvalleyofthesun.org/>. Guests are welcome.